



6TH GRADE CAMO BELT

SONGAHM SAH-JAHNG (#4)

			Stance	Section
1.	B	Twin Inner Forearm Block	M	H
2.	L	Punch	M	M
3.	R	Punch	M	M
4.	L	Double Outer Forearm Block	S	H
5.	R	#2 Round Kick	--	M/H
6.	L	Reverse Side Kick	--	M/H
7.	L	Back Fist - Ki-hap	M	H
8.	R	Low Block	F	L
9.	R	Inner Forearm Block	F	H
10.	L	Reverse Punch	F	H
11.	L	#2 Side Kick	--	M/H
12.	L	Knifehand Strike	M	M
13.	B	Twin Inner Forearm Block	B	H
14.	L	#3 Jump Front Kick	--	M/H
15.	R	#2 Front Kick	--	M/H
16.	R	Double Outer Forearm Block	S	H
17.	L	#2 Round Kick	--	M/H
18.	R	Reverse Side Kick	--	M/H
19.	R	Back Fist	M	H
20.	L	Low Block	F	L
21.	L	Inner Forearm Block	F	H
22.	R	Reverse Punch	F	H
23.	R	#2 Side Kick	--	M/H
24.	R	Knifehand Strike - Ki-hap	M	M
25.	B	Twin Inner Forearm Block	B	H
26.	R	#3 Jump Front Kick	--	M/H
27.	L	#2 Front Kick	--	M/H
28.	L	Double Outer Forearm Block	S	H
29.	B	Twin Inner Forearm Block	M	H
30.	R	Punch	M	M
31.	L	Punch	M	M

