



**Tiger – Ages 4-6 WOY**  
**Junior – Ages 7-11**  
**Teen/Adult – 12 and Up**

817-491-3500

**Monday**

4:00-4:30 White Tiger/Junior  
4:30-5:00 Orange & Yellow Tiger/Junior  
5:00-5:30 Purple & Blue Junior  
5:30-6:00 XMA/Creative\*  
6:00-6:30 Camo & Green Junior  
6:30-7:00 Brown & Red Junior  
7:00-7:45 Black Belt Junior/Adult  
7:45-8:30 Color Belt Teen/Adult

**Wednesday**

4:00-4:30 White Tiger/Junior  
4:30-5:00 Orange & Yellow Tiger/Junior  
5:00-5:30 Camo & Green Junior  
5:30-6:00 Purple & Blue Junior  
6:00-6:30 Brown & Red Junior  
6:30-7:00 Black Belt Weapons  
7:00-7:45 Black Belt Junior/Adult  
7:45-8:30 Color Belt Teen/Adult

**Tuesday**

4:00-4:30 Purple & Blue Junior  
4:30-5:00 Brown & Red Junior  
5:00-5:30 Camo & Green Junior  
5:30-6:15 Red/Black & Black Belt Juniors  
6:15-6:45 White Tiger/Junior  
6:45-7:15 Orange & Yellow Tiger/Junior  
7:15-8:15 Teen/Adult All Ranks

**Thursday**

4:00-4:30 Camo & Green Junior  
4:30-5:00 Purple & Blue Junior  
5:00-5:30 Brown & Red Junior  
5:30-6:15 Red/Black & Black Belt  
6:15-6:45 White Tiger/Junior  
6:45-7:15 Orange & Yellow Tiger/Junior  
7:15-8:15 Teen/Adult All Ranks

**Friday**

Private Lessons by Appointment

**Saturday**

9:00-9:30 White - Yellow Tiger/Junior  
9:30-10:15 All Tiger/Junior Belts Sparring  
10:15-10:45 XMA/Creative\*  
10:45-11:15 Athletic Development\*  
11:15-11:45 XMA/Creative Competition\*  
11:45-12:30 Teen/Adult All Ranks  
12:30-1:00 Legacy\*\*

\* Leadership/Legacy Members Only  
\*\* Legacy Members Only

- ALL RANKS CAMO BELT AND UP MUST BRING SPARRING GEAR TO EVERY CLASS.
- ALL STUDENTS WILL PRACTICE CORE WEAPON CURRICULUM IN THEIR REGULAR CLASS. BRING YOUR WEAPON TO CLASS EVERY DAY.

**November 1, 2022**