



Tiger – Ages 4-6 WOY
Junior – Ages 7-11
Teen/Adult – 12 and Up

817-491-3500

Monday

4:00-4:30 White Tiger/Junior
4:30-5:00 Orange & Yellow Tiger/Junior
5:00-5:30 Purple & Blue Junior
5:30-6:00 XMA/Creative*
6:00-6:30 Camo & Green Junior
6:30-7:00 Brown & Red Junior
7:00-7:45 Red/Black & Black Belt Juniors
7:45-8:30 Teen/Adult All Ranks

Wednesday

4:00-4:30 White Tiger/Junior
4:30-5:00 Orange & Yellow Tiger/Junior
5:00-5:30 Camo & Green Junior
5:30-6:00 Purple & Blue Junior
6:00-6:30 Brown & Red Junior
6:30-7:00 Black Belt Weapons
7:00-7:45 Red/Black & Black Belt Juniors
7:45-8:30 Teen/Adult All Ranks

Tuesday

4:00-4:30 Purple & Blue Junior
4:30-5:00 Brown & Red Junior
5:00-5:30 Camo & Green Junior
5:30-6:15 Red/Black & Black Belt Juniors
6:15-6:45 White Tiger/Junior
6:45-7:15 Orange & Yellow Tiger/Junior
7:15-8:15 Teen/Adult All Ranks

Thursday

4:00-4:30 Camo & Green Junior
4:30-5:00 Purple & Blue Junior
5:00-5:30 Brown & Red Junior
5:30-6:15 Red/Black & Black Belt Juniors
6:15-6:45 White Tiger/Junior
6:45-7:15 Orange & Yellow Tiger/Junior
7:15-8:15 Teen/Adult All Ranks

Friday

Private Lessons by Appointment

Visit:

www.smartscheduling.com/roanokeata
to schedule private lessons.

Saturday

9:00-9:30 White - Yellow Tiger/Junior
9:30-10:15 All Tiger/Junior Belts Sparring
10:15-10:45 XMA/Creative*
10:45-11:15 Athletic Development*
11:15-11:45 XMA/Creative Competition*
11:45-12:30 Teen/Adult All Ranks
12:30-1:00 Legacy**

* Leadership & Legacy Members Only
** Legacy Members Only

- ALL RANKS CAMO BELT AND UP MUST BRING SPARRING GEAR TO EVERY CLASS.
- ALL STUDENTS WILL PRACTICE CORE WEAPON CURRICULUM IN THEIR REGULAR CLASS. BRING YOUR WEAPON TO CLASS EVERY DAY.

Effective February 1, 2023